



Participant Information Sheet

Participation in the process evaluation of the E-SEE project

You are being invited to take part in the process evaluation of the Enhancing Social-Emotional Health and Wellbeing in the Early Years (E-SEE) project. This information sheet outlines the research and how you can be involved. Please read the information before deciding whether or not to take part.

Why have I been invited to take part?

We are inviting you to take part in the process evaluation because you are working as a facilitator delivering the Incredible Years (IY) programme. Your experiences of delivering the programme are important in helping us to understand how well the programme has worked and areas for improvement.

What will taking part involve?

You will be required to complete two short online questionnaires about: 1) your personal and professional characteristics (before you attend the training); and 2) your experience of delivering the Incredible Years programmes (after the final group delivery). The first questionnaire will take no longer than 15 minutes to complete and the second no longer than 10 minutes. You may also be invited to attend a focus group with other facilitators lasting no more than one hour to discuss how well the IY programme worked with carers with depression; the processes for engaging carers (especially fathers) in the parent programme; and any barriers to successful delivery. We are also interested to hear how facilitators have found participating in the trial.

What will happen to the information I provide?

The focus groups will be audio recorded and transcribed so that we have an accurate record of what was discussed. All personal, identifiable information from both the questionnaires and the focus group will be removed and you will be given a participant number to ensure that your data remain anonymous. All information collected will be confidential and stored in accordance with the Data Protection Act (1998). Only members of the research team for the E-SEE project will have access to the data. The audio recordings will be destroyed at the end of the study period.

Anonymous information we have collected from you may be used in the future to support other research studies so that we can learn more about family health and wellbeing and how best to support parents and babies to have a happy and full life. We may also combine anonymous results from this research study with information from other research projects.

What are the potential risks of taking part?

We do not anticipate any risks to you as a result of taking part in the focus group. However, you are free to withdraw at any stage should you wish to.

How do I take part?

If you wish to take part in the online questionnaires and the focus group please keep this sheet for future reference. We will ask you to sign a consent form, and will give you a copy, as a record of consent to be part of our study.

What if I agree to take part and then change my mind?

Participation is voluntary and you are free to withdraw at any time during or after the questionnaires or focus group. If you decide to withdraw, the researcher will discuss with you whether we may use any of your responses in the study. We may not be able to destroy information that has already been included in the analysis, or is stored in archived database back-ups.

Who can I contact if I have questions or a complaint about the process evaluation, or would like to withdraw?

For questions, complaints or withdrawal requests, please contact Kelly Blockley (Research Assistant: 01752 764403; kelly.blockley@plymouth.ac.uk) or Vashti Berry (Lead E-SEE Process Evaluation: 01752 764448; vashti.berry@plymouth.ac.uk).

Formal complaints should be directed to Emma Marsden (Chair of Education Ethics Committee): 01904 323335; education-research-administrator@york.ac.uk.



National Institute for Health Research

This project was funded by the National Institute for Health Research
Public Health Research (NIHR PHR) Programme (project number 13/93/10)

Thank you for taking the time to read this information